



AO Trauma Hand NA Webinar—Terrible Triad



December 6, 2023 - December 6, 2023
Online, N/A, USA

Time: 8:00 PM (Eastern Time)

Target Audience:

Community-based Trauma Orthopedic Hand Surgeons, Fellows and Residents

Overview:

This webinar will discuss the ligamentous and skeletal anatomy of Elbow Terrible Triad Injuries, their treatment options for each component, the role for adjunctive treatment including internal/external fixators and possible complications. Beyond that, implications for therapy/rehabilitation with regards to getting function back after such injuries will also be examined.



Event Summary

Tuition:

Level Name: Participant - Hand
Pricing Tier: Attending
Tuition: \$0.00

Course Prerequisite(s):

No Prerequisites

Venue:

No Venue

Language(s):

English

Directly Provided by:



Professional Level Prerequisite(s):

No Prerequisites

CME

Continuing Education Credit: 1.25



- AO North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation Statement - AO North America designates this live educational activity for a maximum of 1.25 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Continuing Medical Education (CME) mission of AO North America (AONA®) is to provide comprehensive multidisciplinary needs based education to surgeons, fellows, and residents in the specialties of orthopedic, hand, craniomaxillofacial, spine, neurosurgery, and veterinary surgery in the areas of trauma (i.e., operative reduction and fixation), degenerative disorders, deformities, tumors, and reconstruction.

Expected results of AONA's CME activities for surgeons, fellows, and residents are to:

- Increase their knowledge base and surgical skill level
- Improve competence by applying advances of knowledge in patient care in the areas of trauma, degenerative disorders, deformities, tumors, and reconstructive surgical techniques
- Address practice performance gaps by improving management of aspects of traumatic injuries and musculoskeletal disorders (i.e., pre-operative planning to post-operative care)

Learning Objectives

Upon completion, participants should be able to:

- Identify the Ligamentous and Skeletal/Articular Anatomy as it relates to Elbow Terrible Triad Injuries
- Recognize the mechanism of Terrible Triad Injuries
- Recall the evaluation, including imaging beyond x-ray
- Identify the indications and procedures for operative treatment of each component
- Outline rehabilitation protocols

Faculty



Lawton, Jeffrey - Chairperson

MD
Chief, Hand and Upper Extremity
Professor, Orthopaedic Surgery
Associate Chair for Quality and Safety, Orthopaedic Surgery
Professor, Plastic Surgery
University of Michigan
Ann Arbor, Michigan

Dr. Lawton completed his Orthopaedic Surgery Residency at Northwestern University in Chicago and his Hand Fellowship at the Raymond Curtis National Center for Treatment of the Hand and Upper Extremity at Union Memorial Hospital in Baltimore. He went on to serve as Chief of the Combined Orthopaedic/Plastic Hand Surgery Service in the Department of Orthopaedic Surgery at the University of Kentucky. Subsequently, he practiced hand and upper extremity surgery at the Cleveland Clinic before transitioning to The University of Michigan where he has been Chief of Elbow Hand and Microsurgery in the Department of Orthopaedic Surgery. Dr. Lawton was elected to membership in the Alpha Omega Alpha Honor Medical Society and has received a number of teaching awards. His interests include congenital/pediatric hand, trauma/post-traumatic reconstruction and elbow trauma / degenerative conditions. He was selected to AO North America Hand Faculty and the AO Hand Education Committee and has completed the Faculty Education Program.



Aibinder, William - Lecturer

MD
Department of Orthopaedic Surgery
University of Michigan
Ann Arbor, Michigan

Dr. Aibinder practices Orthopaedic Sports Medicine at MedSport. He graduated from the Macaulay Honors College at the City University of New York (CUNY) Brooklyn College, and then went on to earn his medical degree from SUNY Downstate Health Sciences University as part of a combined B.A.-M.D. program. After medical school, he completed his orthopaedic surgery residency at the Mayo Clinic in Rochester, MN followed by fellowship training in upper extremity surgery with a special focus on shoulder and elbow at the internationally renowned Roth McFarlane Hand and Upper Limb Centre at the University of Western Ontario in London, ON. Dr. Aibinder specializes in all disorders of the shoulder and elbow, including replacement surgery, rotator cuff surgery, instability surgery, and fracture surgery. Prior to joining the faculty at the University of Michigan, Dr. Aibinder served as the Director of Shoulder and Elbow Surgery and the Associate Residency Program Director at SUNY Downstate Health Sciences University. During his tenure, he built the only academic shoulder and elbow practice in Brooklyn and was awarded the Teacher of the Year Award in 2021. Dr. Aibinder has a strong interest in research and has published extensively in the field of upper extremity surgery. He has been selected as an Emerging Leader by the American Orthopaedic Association (AOA) and was awarded the ASES Young Scholars Memorial Award in 2022.



Capo, John T - Lecturer

MD
Chief of Hand Surgery
Vice Chairman of Orthopaedics
Residency Program Director
Rutgers-RWJ Barnabas Health
Jersey City Medical Center
Jersey City, New Jersey

John T. Capo did an AO Fellowship in Berne Switzerland with Prof. Diego Fernandez and Toronto Canada with Drs. Axelrod, Schatzker and Tile. Dr Capo completed his Hand and Upper Extremity Fellowship at the Indiana Hand Center with Hill Hastings, MD and Jim Strickland, MD. He currently is the Chief of Hand Surgery, Vice Chairman and Residency Program Director at Rutgers-RWJ Barnabas Health, Jersey City Medical Center in New Jersey.



Zelenski, Nicole - Lecturer

MD
Assistant Professor
Director of Hand and Upper Extremity Service Grady Memorial Hospital
Director Brachial Plexus and Peripheral Nerve Clinics
Department of Orthopaedics, Division of Hand and Upper Extremity Surgery
Emory university
Atlanta, Georgia

Dr. Zelenski obtained her medical degree at Duke University in North Carolina. She completed her orthopedic surgery residency at University of Pennsylvania in Philadelphia and her hand/microvascular surgery fellowship at the Mayo Clinic in Rochester, Minnesota. She completed a second fellowship in microsurgery at Chang Gung Memorial Hospital in Taiwan. She is an assistant professor of orthopedic surgery at Emory University.

Agenda

Day 1

Wednesday, December 06, 2023 - 20:00 - 21:15

Schedule	Title	Moderator	Faculty	Room
20:00 - 20:05	Welcome and Introduction		Lawton, J	
20:05 - 20:15	Terrible Triad/Breakdown/Case Intro		Lawton, J	
20:15 - 20:30	Elbow Dislocation/Ligamentous/Capsular Injury		Zelenski, N	
20:30 - 20:45	Radial Head Fracture		Capo, J	
20:45 - 21:00	Coronoid Fracture		Aibinder, W	
21:00 - 21:10	Case Presentations		Lawton, J	
21:10 - 21:15	Question and Answer / Discussion		Aibinder, W Capo, J Lawton, J Zelenski, N	
21:15 - 21:15	Adjournment			

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Acknowledgment

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