



AO Trauma NA Fellows Webinar—Tibial Plateau: Ordinary to Overwhelming



September 6, 2022 - September 6, 2022

Online, Pennsylvania, USA

Target Audience: Orthopedic Fellows

Time: 8:00pm Eastern Time

Webinar Overview: Join our interactive and experienced trauma faculty for a case-based, answer-focused discussion on reliable, emerging, and creative ways to improve the treatment of tibial plateau fractures.



Event Summary

Tuition:

Level Name: Participant - Orthopaedic

Pricing Tier: Fellow

Tuition: \$0.00

Course Prerequisite(s):

No Prerequisites

Venue:

No Venue

Language(s):

English

Directly Provided by:



Professional Level Prerequisite(s):

No Prerequisites

CME

The Continuing Medical Education (CME) mission of AO North America (AONA®) is to provide comprehensive multidisciplinary needs based education to surgeons, fellows, and residents in the specialties of orthopedic, hand, craniomaxillofacial, spine, neurosurgery, and veterinary surgery in the areas of trauma (i.e., operative reduction and fixation), degenerative disorders, deformities, tumors, and reconstruction.

Expected results of AONA's CME activities for surgeons, fellows, and residents are to:

- **Increase their knowledge base and surgical skill level**
- **Improve competence by applying advances of knowledge in patient care in the areas of trauma, degenerative disorders, deformities, tumors, and reconstructive surgical techniques**
- **Address practice performance gaps by improving management of aspects of traumatic injuries and musculoskeletal disorders (i.e., pre-operative planning to post-operative care)**

Learning Objectives

Upon completion, participants should be able to:

- Review surgical approaches to safely navigate the tibial plateau
- Understand ways to improve direct visualization of the joint surface to facilitate articular reductions
- Consider various treatment options to optimize patient outcomes for severe tibial plateau injuries

Faculty



Achor, Timothy - Chairperson

MD

Associate Professor

Director, Orthopaedic Trauma Fellowship

Department of Orthopaedic Surgery

University of Texas Health Science Center

McGovern Medical School at Houston

Memorial Hermann Texas Medical Center

Houston, Texas

Dr. Timothy S. Achor is the Director of the Orthopaedic Trauma Fellowship at the University of Texas Health Science Center/Memorial Hermann—Texas Medical Center, and Associate Professor of Orthopaedic Surgery for the Department of Orthopaedic Surgery. Dr. Achor was born in Upstate New York, but lived most of his childhood outside Toledo, Ohio. He obtained an undergraduate degree at Miami University in Oxford, Ohio. He attended medical school at the Medical College of Ohio and completed a five year orthopaedic surgery residency at New York Medical College. He went on to complete an orthopaedic trauma fellowship in New York City at the Hospital for Special Surgery under the direction of Dr. David Helfet. He has lived and worked in Houston since completing his training, where he has become one of the busiest orthopaedic trauma surgeons in the country. His current interests include treating severe musculoskeletal injuries about the pelvis, hip, knee and ankle, as well as treating nonunions and complications of fractures. He also is active in the education of medical students, residents and fellows both in Houston and at conferences nationwide. He is an active member of many professional societies, including the American Academy of Orthopaedic Surgeons, the Orthopaedic Trauma Association, and AO Trauma North America. Dr. Achor is board-certified by the American Board of Orthopaedic Surgery. When not at the hospital, Dr. Achor enjoys spending time with his family and going to car shows.



Higgins, Thomas - Lecturer

MD

Professor

Chief of Orthopaedic Trauma

University of Utah Health Sciences Center

Salt Lake City, Utah

Dr. Thomas Higgins holds the Richard L. Stimson Presidential Endowed Chair in Orthopaedic Surgery and is a Professor and the Chief of Orthopaedic Trauma Surgery at the University of Utah. His medical degree was completed at Brown University School of Medicine. His orthopaedic training was at Yale University, with post-graduate fellowship in orthopaedic trauma at the R. Adams Cowley Shock Trauma Center in Baltimore. He has been on the faculty at University of Utah since 2000. Dr. Higgins clinical expertise is in the treatment of complex intra-articular injuries, pelvic and acetabular trauma, and musculoskeletal care in the setting of polytrauma. His elective practice focuses on the deformity correction, malunions, and nonunions. The author of over 100 peer-reviewed publications and multiple book chapters, Dr. Higgins main area of research interest clinically has been on plateau fractures. He has been primary investigator or co-investigator on four OTA grants, two AO grants, and an OREF grant. His most recent research has focused on the genetics of trauma and the use of opiate analgesics in the trauma setting, and the roles of inflammatory mediators in the formation of post-traumatic osteoarthritis. In the educational sphere, Dr. Higgins is recognized nationally for his research and presentations of tibial plateau fractures. He has been active with orthopaedic education with AO North America, chairing three courses, and teaching at over thirty. Previously a member of the OTA Education Committee, he has also chaired multiple resident courses for the OTA. He has received the annual teaching award twice at the University of Utah. He has previously served on the Orthopaedic Trauma Association Board of Directors, and was the Program Chair for the OTA Annual Meeting in 2013 and 2014. He is the president-elect of the Orthopaedic Trauma Association. In 2009, Dr. Higgins served as the OTA/AAOS Landstuhl Visiting Scholar, and has been visiting professor at multiple universities. In 2015 he and his family spent four months serving at Kijabe Hospital in Kenya, and he maintains an interest in continuing to serve in global medicine. When he is not working, he enjoys skiing, biking, and travelling with his wife and kids.



Schottel, Patrick - Lecturer

MD

Associate Professor

Department of Orthopaedics and Rehabilitation

University of Vermont

Burlington, Vermont

Agenda

Day 1

Tuesday, September 06, 2022 - 20:00 - 21:05

Schedule	Title	Moderator	Faculty	Room
20:00 - 20:05	Introduction/Overview		Achor, T	
20:05 - 20:20	Approaches		Higgins, T	
20:20 - 20:35	Why I Uses the Large Distractor on (almost) Every Case		Schottel, P	
20:35 - 20:50	Case Discussion: From Ordinary to Overwhelming		Achor, T	
20:50 - 21:00	Discussion		Achor, T Higgins, T Schottel, P	
21:00 - 21:05	Summary/Conclusion		Achor, T	

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All scientific research referred to, reported or used in this CME activity in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis.

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Acknowledgment

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