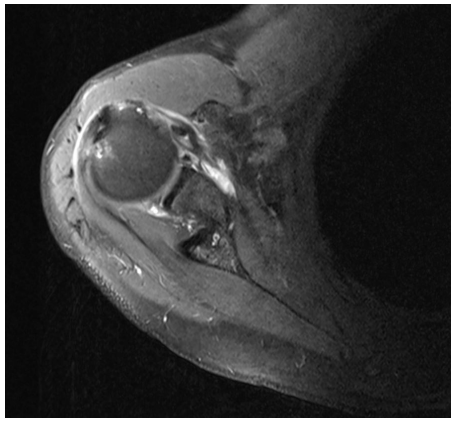
AO North America

AO Sports NA Masters Course—Management of Shoulder Pathologies *POSTPONED*

September 24, 2022 - September 25, 2022
Boston and Raynham, Massachusetts, USA



Course Info:

This course will be held in conjunction with the Orthopaedic Summit 2022 (OSET) (OSET | Orthopaedic Summit | AAOS CME-Accredited (orthosummit.com) in Boston on Saturday, September 24. The second day, Sunday, September 25, we will go to the Raynham Learning Center Lab where we will have anatomical specimen practical exercises. Enrolling in this course will include your attendance of OSET on Saturday, September 24! If you would like to purchase additional attendance days of the OSET conference, please contact us.

Course Description:
This course addresses current evidence and techniques for the management of the most common sports and soft-tissue pathologies causing shoulder stiffness, pain, weakness, and instability. Small group discussions are moderated by expert faculty and selected arthroscopic and open procedures are performed in the anatomy lab.

Target Participants:
Experienced Orthopedic Surgeons and Orthopedic Sports Medicine Fellows who are technically proficient with arthroscopic shoulder surgery.

Goal of the Course:
The goal of this educational event is to further develop the experienced surgeon's understanding of soft-tissue injuries around the shoulder and enhance the surgical skills needed to treat this patient population. This course helps participants identify the optimal treatment decisions to improve postoperative function and patient satisfaction, enhance their technical skills, and better manage complex and rare cases.

Event Summary

Tuition:
Level Name: Participant-Sports
Pricing Tier: Attending
Tuition: $1,500.00

Level Name: Participant-Sports
Pricing Tier: Fellow
Tuition: $1,000.00

Course Prerequisite(s):
No Prerequisites

Venue:
Boston Hotel and Raynham Learning Skills Center
Raynham Surgical Skills Center
Raynham, Massachusetts, USA
Phone Number:

Language(s):
English

Jointly Provided By:
AO North America
AO

Professional Level Prerequisite(s):

- Fellow
- Practicing

CME

Continuing Education Credit: 14.25

- AO North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Below Wording CMF Only- Continuing Education Dental Credit Statement..

As an Accreditation Council for Continuing Medical Education (ACCME) accredited provider, AO North America meets the definition of a constituent or component organization of the AMA and thereby meets most state dental board requirements of an approved sponsor of continuing education. This course is focused on clinical issues in oral-maxillofacial surgery that are relevant to the treatment and care of dental patients. Most states accept AMA constituents as approved sponsors for continuing dental education credit. If you have questions, your state dental board can confirm eligibility of this course.

- **Designation Statement** - AO North America designates this live educational activity for a maximum of 14.25 ***AMA PRA Category 1 Credits***™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Continuing Medical Education (CME) mission of AO North America (AONA®) is to provide comprehensive multidisciplinary needs based education to surgeons, fellows, and residents in the specialties of orthopedic, hand, craniomaxillofacial, spine, neurosurgery, and veterinary surgery in the areas of trauma (i.e.), operative reduction and fixation), degenerative disorders, deformities, tumors, and reconstruction.

Expected results of AONA's CME activities for surgeons, fellows, and residents are to:
• Increase their knowledge base and surgical skill level
• Improve competence by applying advances of knowledge in patient care in the areas of trauma, degenerative disorders, deformities, tumors, and reconstructive surgical techniques
• Address practice performance gaps by improving management of aspects of traumatic injuries and musculoskeletal disorders (i.e., pre-operative planning to post-operative care)

Learning Objectives

Upon completion, participants should be able to:

- Identify shoulder anatomy and pathology related to sports and soft-tissue injuries
- Obtain an injury specific history and perform a detailed physical exam of the shoulder
- Interpret appropriate radiographic images
- Create an accurate diagnosis
- Describe the treatment options and select an appropriate plan
- Perform arthroscopic and/or open procedures based on best scientific guidelines
- Develop an appropriate postoperative rehabilitation plan
- Identify and manage potential intra- and postoperative complications
- Review common, difficult, failed, and revision cases and explain how to manage poor outcomes

Faculty

Ferry, Amon - Co-Chairperson
MD
Arizona Sports Medicine Center
Scottsdale, Arizona

Fellowship: Harvard Sports Medicine Service, Massachusetts General Hospital, Boston, MA Residency: Orthopedic Surgery, Rush University Medical Center, Chicago, IL Medical School: Rush University, Chicago, IL Dr. Amon T. Ferry is a fellowship-trained orthopedic surgeon with extensive training in surgery of the knee and shoulder and specializes in complex shoulder problems. He completed fellowship training in sports medicine and shoulder surgery at Harvard Sports Medicine Service in Boston where he also worked with the New England Patriots, Boston Red Sox, and Boston Bruins. Dr. Ferry currently serves as a Team Physician for the Arizona Diamondbacks, Arizona Cardinals and Seattle Mariners.

Jaeger, Martin - Co-Chairperson
Dr. med.
Freiburg

Bishai, Shariff K. - Lecturer
DO, Doctor of Medicine, MASc
Associated Orthopedists of Detroit
St. Clair Shores, Michigan

Dr. Bishai completed his orthopedic surgery residency at Henry Ford Macomb Hospital and participated in an orthopedic sports medicine fellowship at Plancher Orthopaedics and Sports Medicine in New York City. During his fellowship he also spent time at Steadman-Phillipon Clinic in Vail, Colorado. He is board certified by the American Osteopathic Board of Orthopedic Surgery and the American Osteopathic Association. He also has board certification in sports medicine. Dr. Bishai is a fellow of the American Osteopathic Academy of Orthopedics (FAOAO) and a fellow of the American Academy of Orthopaedic Surgeons (FAAOS). Recently he has awarded the distinction of fellow of the Arthroscopy Associating of North America (FAANA) formally known as the Distinguished Arthroscopy Leader (DAL). He is as an assistant professor for the Michigan State University College of Osteopathic Medicine in East Lansing assistant professor for Oakland University William Beaumont Hospital School of Medicine in Rochester, Michigan, and is a professor at the Detroit Medical Center for the Sports Medicine Fellowship. He is also Adjunct Clinical Faculty for the University of Dayton Physician Assistant Program. Also, Dr. Bishai previously served as the medical director of the McLaren Macomb Athletic Medicine Institute. Dr. Bishai is also an independent provider for the National Football League (NFL).

Ciccone, William - Lecturer
MD
Sports Medicine and Shoulder Surgery
Orthopedic Centers of Colorado
Denver, Colorado

Dr. Ciccone was raised in Colorado and is a graduate of the University of Colorado School of Medicine. Dr. Ciccone completed his orthopedic residency at Penn State University and a Sports Medicine and Arthroscopy Fellowship in San Diego with Dr. James Tasto. He has special interests in complex arthroscopic shoulder reconstruction.

Favorito, Paul - Lecturer
MD
Division Chief
Shoulder and Upper Extremity Service
The Christ Hospital
Cincinnati, Ohio

Dr. Favorito is the Division Chief of the Shoulder and Upper Extremity Service at The Christ Hospital in Cincinnati, Ohio USA. He also serves as a co-director at the ASES accredited Cincinnati Shoulder and Elbow fellowship. A native of Buffalo, NY, he completed an orthopedic surgery residency at the State University of New York at Buffalo. In 1999, he moved to Cincinnati, Ohio where he completed a sports medicine fellowship at Wellington Orthopaedic and Sports Medicine and the University of Cincinnati. Dr. Favorito's practice is limited to the treatment of all shoulder disorders. He has a special interest in the diagnosis and treatment of rotator cuff disorders, proximal humerus fractures, shoulder replacements and bone loss associated with glenohumeral instability and arthritis.

Katthagen, J. Christoph - Lecturer
MD
Prof. Dr. med.
Chief senior physician
Department of Trauma, Hand and Reconstructive Surgery
University Hospital Münster
Münster

Lambert, Simon - Lecturer
FRCS (Tr '&' Orth)
Mr
Hatfield

Consultant Surgeon, UCLH, London, UK Consultant Surgeon, The Princess Grace Hospital, London, UK Chair, UEGEC, AOITC Chair, SETF, AOITC Member, AO Surgery Reference EdColl Member, ICUC Medical Advisory Board Member, OSApp Medical Advisory Board

Ponce, Brent - Lecturer
MD
Chair AO Sports
Chair of Research Hughston Foundation
COERG Founder
Hughston Clinic
Columbus, Georgia

Dr. Brent Ponce received his medical degree from Vanderbilt University and completed his orthopaedic residency at the Combined Harvard Orthopaedic Residency Program. He then received fellowship training from Drs. JP Warner and Peter Millett with the Harvard Shoulder Service. After serving in the United States Air Force at the Air Force Academy with a tour in Iraq, he joined the University of Alabama at Birmingham faculty in 2006 where and became professor and vice chair of the department. He has published over 175 papers and has served on several orthopaedic leadership committees in the AAOS, ASES and AOA. In early 2021 he joined the Hughston Clinic as the Chair of Research of the Hughston Foundation in Columbus Georgia.

Sigman, Scott - Lecturer
MD
Team Physician UMASS Lowell
Host of the Ortho Show Podcast
CMO/Founder OrthoLazer Orthopedic Laser Centers
Fellow of the Royal College of Surgeons in Ireland
North Andover, Massachusetts

Dr. Sigman is a national and internationally recognized leader in Opioid Sparing Surgery. He is an Orthopedic Surgeon that specializes in the knee and shoulder. He has been in clinical practice for over 25 years and is a leader in professional education, medical device development, and has numerous peer reviewed publications. He is the team physician at UMASS Lowell. He is a member of Governor Bakers Commission to establish a pain management access program in the Commonwealth of Massachusetts. He did his sports medicine fellowship at the prestigious Kerlan Jobe Clinic in Los Angeles. His Opioid Sparing leadership propelled him to become a Fellow of the Worlds Society on Sports and Exercise Medicine, and most recently has had the honor of becoming a Fellow of the Royal College of Surgeons in Ireland. In addition, to his clinical responsibilities Dr. Sigman is the Chief Medical Officer for OrthoLazer Orthopedic Laser Centers. The OrthoLazer franchise was developed to provide an alternative treatment option for acute and chronic pain to help combat the Opioid crisis. Dr. Sigman is also the host of the popular The Ortho Show podcast

Weinstein, David - Lecturer
MD
Associate Clinical Professor
University of Colorado Department of Orthopedics
Colorado Center of Orthopedic Excellence
Colorado Springs, Colorado

Dr. David Weinstein performed his orthopedic residency at the University of Colorado and completed fellowship training at Columbia-New York Orthopaedic Hospital in New York City in Shoulder and Elbow reconstruction and an additional AO Trauma fellowship in Germany and Switzerland. Dr. Weinstein practices shoulder/elbow surgery and sports medicine at the Colorado Center of Orthopedic Excellence in Colorado Springs, Colorado and is an Associate Clinical Professor at the University of Colorado Department of Orthopaedic Surgery in Denver. Dr. Weinstein is an active member of the ASES and has multiple publications as well as a number of national and international presentations. Dr Weinstein is a previous winner of the ASES Charles S Neer Award and is active in research, education, as well as assisting in designing shoulder implants and pre-operative planning systems. Dr. Weinstein is the orthopedic consultant at the United States Olympic Training Center in Colorado Springs and recently served as a Head Team Physician for the US 2020 and 2022 Olympic Team for the Tokyo and Bejiing Olympics. He has also served as Head Team Physician for the 2014 US Para-Olympic Team and the Head Team Physician for the 2004, 2016, and 2018 US Olympic Teams. He was also a member of the medical staff for the 2000 and 2002 Olympic team and works closely with a number of NGB's including USA Basketball.

Agenda

Day 1

Saturday, September 24, 2022 - 06:30 - 16:00 - (includes breaks, travel-time and meals)

Schedule	Title	Moderator	Faculty	Room
06:30 - 07:15	Registration and breakfast			
07:15 - 07:25	Welcome and introduction to the course		Ferry, A Jaeger, M	
07:25 - 08:55	Module 1: Anterior Glenohumeral Instability			
07:25 - 08:55	Small group discussion with review of current evidence			
08:55 - 10:15	Module 2: SLAP Lesions and Biceps Injuries			
08:55 - 10:15	Small group discussion with review of current evidence			
10:15 - 10:35	Break			
10:35 - 12:25	Module 3: Rotator Cuff Tears			
10:35 - 12:25	Small group discussion with review of current evidence			
12:25 - 13:35	Lunch			
13:35 - 16:00	Module 4: Open discussion and preparation for day 2			
13:35 - 14:25	Open discussion and panel discussion: Questions from participants with 2 or 3 cases from faculty			
14:25 - 14:45	Break			
14:45 - 15:45	Review of the procedures to be performed in the lab			
15:45 - 16:00	Reflection and take-home from the day (summary of the day)		Ferry, A Jaeger, M	

Day 2

Sunday, September 25, 2022 - 06:15 - 14:15 - (includes breaks, travel-time and meals)

Schedule	Title	Moderator	Faculty	Room
06:15 - 07:30	Transfer from Boston to the Raynham Learning Skills Center			
07:30 - 07:45	Welcome and introduction to the lab day		Ferry, A Jaeger, M	
07:45 - 12:05	Arthroscopic Procedures			
07:45 - 09:45	Arthroscopic labral and biceps procedures			
09:45 - 10:05	Break (flexible)			
10:05 - 12:05	Arthroscopic RCR			
12:05 - 13:00	Lunch (with optional Faculty Case Presentations)			
13:00 - 14:15	Open Procedures and Anatomical Dissection			
13:00 - 14:00	Open procedures			
14:00 - 14:15	Closing remarks			
14:15 - 14:15	Bus transfer to airport/hotel			

AO NA Disclaimer Information

Faculty Disclosure:
It is the policy of AO North America to abide by the Accreditation Council for Continuing Medical Education Standards for Commercial Support. Standard 2: "Disclosures Relevant to Potential Commercial Bias and Relevant Financial Relationships of Those with Control over CME Content," requires all planners, including course directors, chairs, and faculty, involved in the development of CME content to disclose their relevant financial relationships prior to participating in the activity. Relevant financial relationships will be disclosed to the activity audience. The intent of the disclosure is not to prevent a faculty with a relevant financial or other relationship from teaching, but to provide participants with information that might be of importance to their evaluation of content. All potential conflicts of interest have been resolved prior to the commencement of this activity.

Off-Label / Experimental Discussions:
Some medical devices used for teaching purposes and/or discussed in AO North America's educational activities may have been cleared by the FDA for specific uses only or may not yet be approved for any purpose. Faculty may discuss off-label, investigational, or experimental uses of products/devices in CME certified educational activities. Faculty have been advised that all recommendations involving clinical medicine in this CME activity are based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients.

All scientific research referred to, reported or used in this CME activity in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis.

Disclaimer:
AO NA does not endorse nor promote the use of any product/device of commercial entities. Equipment used in this course is for teaching purposes only with the intent to enhance the learning experience.

The opinions or views expressed in this live continuing medical education activity are those of the faculty and do not necessarily reflect the opinions or recommendations of

AO North America or any commercial supporter. The certificate provided pertains only to the participants' completion of the course.

Conflict of Interest Resolution Statement:
When individuals in a position to control or influence the development of the content have reported financial relationships with one or more commercial interests, AO North America utilizes a process to identify and resolve potential conflicts to ensure that the content presented is free of commercial bias.

Liability Statement:
AO North America faculty and staff assume no personal liability for the techniques or the use of any equipment and accessories used for teaching purposes in the laboratory. The certificate provided pertains only to the participants' completion of the course and does not, in any way, attest to the proficiency of the participants' clinical experience.

Laboratory Waiver:
To participate in this surgical skills course, you will be required to sign a waiver of liability prior to the course. In order to participate, AO NA's policy mandates that every individual must wear appropriate protective garments provided by AO NA during the lab sessions. Participants who do not sign the waiver and wear protective garments will not be allowed to participate in the laboratory sessions.

Human Anatomic Specimens:
This course will involve exposure to and contact with human anatomic specimens. These specimens are being utilized for purposes of teaching and learning and are to be treated with the utmost respect. Participants should be familiar with and understand the potential risks involved and will be required to observe all customary safety procedures.

Animal Anatomic Specimens:
This course will involve exposure to and contact with animal anatomic specimens. These specimens are being utilized for purposes of teaching and learning and are to be treated with the utmost respect. Participants should be familiar with and understand the potential risks involved and will be required to observe all customary safety procedures.

Acknowledgment

In-Kind Support
AO North America gratefully acknowledges in-kind support for equipment and technical staff from J&JMedTech.

Educational Grant
AO North America gratefully acknowledges funding for its education activities from the AO Foundation. The AO Foundation receives funding for education from Synthes GmbH.