




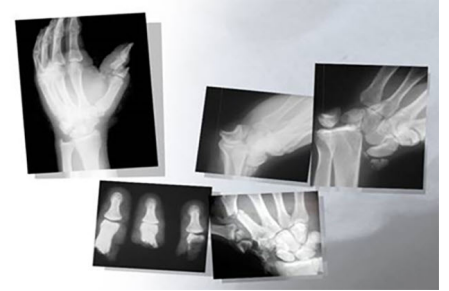
## AO Trauma Hand NA—IL Hand Surgery Essentials: Extensor Tendon Injury

 November 5, 2020 - November 5, 2020  
Wayne, Pennsylvania, USA

Hand Surgery Essentials, 10 online live didactic sessions which will highlight anatomy, biomechanics, kinematics and management of various conditional in Hand Surgery. Each 60-minute session will also incorporate essentials of condition specific Hand Therapy as well.

### Target Audience

Learners of varying backgrounds and experience levels, including trainees and practicing surgeons looking for a knowledge refresher. In addition, nurse practitioners, physician assistants, occupational or hand therapists and any other professional involved in the care of the hand will also find these sessions of great educational value.



### Event Summary

**Tuition:**

Level Name: Participant - Hand  
Pricing Tier: Resident  
Tuition: \$0.00

**Course Prerequisite(s):**

No Prerequisites

**Venue:**

No Venue

**Language(s):**

English

**Directly Provided by:****Professional Level Prerequisite(s):**

No Prerequisites

## CME

### Continuing Education Credit: 1.00



- AO North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
- AONA has been resurveyed by the Accreditation Council for Continuing Medical Education (ACCME) and awarded Accreditation with Commendation.

- **Designation Statement** - AO North America designates this live educational activity for a maximum of 1.00 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**The Continuing Medical Education (CME) mission of AO North America (AONA®) is to provide comprehensive multidisciplinary needs based education to surgeons, fellows, and residents in the specialties of orthopedic, hand, craniomaxillofacial, spine, neurosurgery, and veterinary surgery in the areas of trauma (i.e.), operative reduction and fixation), degenerative disorders, deformities, tumors, and reconstruction.**

**Expected results of AONA's CME activities for surgeons, fellows, and residents are to:**

- Increase their knowledge base and surgical skill level
- Improve competence by applying advances of knowledge in patient care in the areas of trauma, degenerative disorders, deformities, tumors, and reconstructive surgical techniques
- Address practice performance gaps by improving management of aspects of traumatic injuries and musculoskeletal disorders (i.e., pre-operative planning to post-operative care)

## Learning Objectives

**Upon completion, participants should be able to:**

- Differentiate between management of non-operative fractures and fractures that need operative stabilization
- Describe the indications for internal fixation of hand and wrist fractures, and the criteria for implant selection
- Identify alternative fixation methods and their role in fracture management
- Explain the importance of soft tissue preservation in the operative management of unstable hand fractures
- Recognize the major principles for diagnosis and analysis of tendon and nerve injuries in the hand and wrist
- Recognize tendon injuries and their severity; describe indications for various forms of management
- Outline a plan for post-injury rehabilitation

## Faculty



**Bridgeman, Jay - Lecturer**  
MD, DDS  
Hand & Microvascular Surgery  
Columbia Orthopaedic Group  
Columbia, Missouri

Dr. Bridgeman completed medical school at Creighton University. He completed Orthopaedic Surgery Residency at Penn State University/Milton S. Hershey Medical Center. He then completed Hand & Microvascular Surgery Fellowship at University of Washington/Harborview Medical Center. He has been in practice since 2008: Academic Practice at Penn State University (2008-2011), University of Missouri (2014-2022), Private practice/Adjunct Faculty St. Louis University (2022-current). He has also served internationally teaching full time in Honduras in 2011. Major Focus: Complex Upper Extremity Trauma, Nerve Injury, Free Tissue Flap Surgery, Microsurgery, Reconstruction. AONA Hand Education Faculty. AO Foundation International Program Editor- Hand & Wrist



**Ehretsman, Rebecca - Lecturer**  
PhD, OTR/L, CHT  
Dr.  
Wartburg College  
Waverly, Iowa

Rebecca Ehretsman became the 18th President of Wartburg College on July 1, 2022. She served as the dean of the School of Health Sciences at Elon University from 2017-2022. As the academic and financial leader of the School of Health Sciences, she led efforts to establish the first undergraduate majors in the School of Health Sciences and an accelerated pathways program that dovetails undergraduate and graduate curricula; helped execute Elon's most recent strategic plan and served as co-chair of one of the plan's working groups; and advanced diversity, equity and inclusion efforts within the School of Health Sciences by championing the establishment of committees who engage students, faculty, and staff in monthly educational events, empowering structural change in hiring and admissions processes, and building curricular and co-curricular opportunities dedicated to advancing health equity. Prior to her work at Elon, she was the chair and program director for the Department of Occupational Therapy and a professor of occupational therapy at Concordia University Wisconsin from 2013 to 2017 and an associate professor of occupational therapy with tenure at Maryville University from 2002 to 2013. A certified hand therapist and international expert in flexor tendon rehabilitation, she has offered many lectures, courses and keynote addresses on best practices for this complex diagnosis, simultaneously authoring multiple peer-reviewed publications and book chapters. She also is known for her commitment to global health equity, including both sustainable humanitarian work and education of health care providers around the world. She has been honored with both the Nathalie Barr Lectureship Award and the Paul Brand Award for Professional Excellence from the American Society of Hand Therapists. She also sits on the board of directors for the Guatemala Healing Hands Foundation, where she has provided leadership and substantive contributions through education; provision of specialized surgery and therapy; and community outreach. She earned a Bachelor of Arts in movement and sport science from Purdue University, a Master of Science in occupational therapy from Washington University in St. Louis and a Doctor of Philosophy in education from Saint Louis University.



**Gontre, Gil - Lecturer**  
MD, FACS  
Associate Professor  
Director of Hand Surgery  
Department of Orthopedics  
Texas Tech University  
El Paso, Texas

Hand, Microsurgery and Peripheral Nerve Surgery



**Mezera, Kimberly - Lecturer**  
MD  
Texas Hand and Arm Center  
Dallas, Texas

Dr. Kimberly Mezera is a board-certified orthopaedic surgeon who specializes in both surgical and non-surgical treatment of hand and upper extremity conditions, including fracture and trauma care, nerve compression syndromes, tendinitis and arthritis. She has additional expertise in the treatment of pediatric hand conditions, including congenital differences.

**Saunders, Rebecca - Lecturer**

BScPT, CHT  
Clinical Specialist  
Research and Staff Development  
Curtis National Hand Center  
Hand Therapy Department  
Baltimore, Maryland

I am the clinical specialist for research and staff development at The Curtis National Hand Center Hand Therapy Department at Medstar Union Memorial Hospital in Baltimore, Maryland. I have 33 years of experience treating hand and upper extremity injuries. During this time I have always been involved in research at the Hand Center and have recently been involved in training fellows and residents in evaluating patients for various outcome studies. I have designed research studies and presented research as well as lectured on various topics locally, nationally, and internationally for hand therapy and hand surgery meetings.

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All scientific research referred to, reported or used in this CME activity in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis.

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## Acknowledgment

### Educational Grant

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