

# AOTrauma Seminar - Hand and Wrist Fracture Management



February 28, 2015 - February 28, 2015 Chicago, Illinois, USA

This workshop is designed to teach participants at every level of training and practice to systematically analyze hand and wrist fractures and to apply a treatment methodology based upon fracture management principles rather than upon any one implant, group of implants or singular universal technique.

These AO Principles will be stressed:

- Anatomic reduction
- Stable fixation
- Preservation of the blood supply
- Functional aftercare
- Early mobilization

Enrollment in this workshop is encouraged for surgeons, hand fellows, and residents in plastic, orthopaedic and general surgery.

# **Event Summary**

**Tuition:** 

Level Name: Participant - Hand Pricing Tier: Attending

Tuition: \$150.00

Course Prerequisite(s):

No Prerequisites

Venue:

Midwest Orthopedics at Rush Suite 212

1611 W. Harrison Street Chicago, IL, USA Phone Number:

Language(s):

English Directly Provided by:

AO North America

Professional Level Prerequisite(s):

- Residency Year 1 Residency Year 2
- Residency Year 3
- Residency Year 4
  Residency Year 5
- Residency Year 6
- Residency Year 7
- Residency Year 8
- Fellow
- Practicing

## **CME**

### **Continuing Education Credit: 8.25**

AO North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Below Wording CMF Only- Continuing Education Dental Credit Statement...

As an Accreditation Council for Continuing Medical Education (ACCME) accredited provider, AO North America meets the definition of a constituent or component organization of the AMA and thereby meets most state dental board requirements of an approved sponsor of continuing education. This course is focused on clinical issues in oral-maxillofacial surgery that are relevant to the treatment and care of dental patients. Most states accept AMA constituents as approved sponsors for continuing dental education credit. If you have guestions, your state dental board can confirm eligibility of this course.

Designation Statement - AO North America designates this live educational activity for a maximum of 8.25 AMA PRA Category 1 Credits™.
 Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Continuing Medical Education (CME) mission of AO North America (AONA®) is to provide comprehensive multidisciplinary needs based education to surgeons, fellows, and residents in the specialties of orthopedic, hand, craniomaxillofacial, spine, neurosurgery, and veterinary surgery in the areas of trauma (i.e.), operative reduction and fixation), degenerative disorders, deformities, tumors, and reconstruction.

Expected results of AONA's CME activities for surgeons, fellows, and residents are to:

- Increase their knowledge base and surgical skill level
- Improve competence by applying advances of knowledge in patient care in the areas of trauma, degenerative disorders, deformities, tumors, and reconstructive surgical techniques
- Address practice performance gaps by improving management of aspects of traumatic injuries and musculoskeletal disorders (i.e., preoperative planning to post-operative care)

## **Learning Objectives**

### Upon completion, participants should be able to:

- Differentiate between management of nonoperative fractures and fractures that need operative stabilization
- Identify and apply the AO Principles to hand and wrist fracture management
- Describe the indications for internal fixation of hand and wrist fractures, and the criteria for implant selection
- Identify alternative fixation methods and their role in fracture management
- Explain the importance of soft tissue preservation in the operative management of unstable hand fractures

# **Faculty**



Cohen, Mark - Chairperson MD Director, Hand and Elbow Section Director, Orthopaedic Education Rush University Medical Center Chicago, Illinois

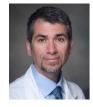


Mudgal, Chaitanya - Evaluator
MD, MS (Ortho), MCh
Dr.
Hand Surgery Service, Department of Orthopedics
Massachusetts General Hospital
Associate Professor, Orthopedic Surgery, Harvard Medical School
Boston, Massachusetts

Dr. Chaitanya Mudgal is a world-renowned hand, wrist and elbow surgeon, working to help patients regain functionality and improve their quality of life. Dr. Mudgal's clinical interests include a comprehensive array of hand and upper extremity disorders such as fractures, tendon and nerve injuries and paralytic disorders of the upper limb and arthritic conditions. He is also extremely interested in surgery of the upper limb in patients who have suffered strokes or traumatic head injuries. He is very active in teaching nationally as well as internationally and remains a very sought after educator and speaker. He has published extensively on a variety of conditions from fractures to tendon injuries to neurologic disorders affecting the upper limb. In addition to publishing well over 100 peer reviewed papers, he has published over 20 book chapters and made well over 350 presentations. He has been faculty / Chairman at AO courses in the US, Latin America, Davos and India. He regularly conducts educational webinars on the AO North America platform and also conducts webinars for Hand Surgery education in India. He is the founder / director of the Annual Indo-US Hand Surgery Conference, held in different locations in India each year. He has an eponymously named Hand Surgery Forum in the city of Guigang, Guangxi autonomous province, China. He is currently the Chair of AO North America Hand Education Committee until 2022; and has completed both the Faculty and Chair Education Programs.



Bednar, Michael - Lecturer MD Professor, Department of Orthopaedic Surgery Stritch School of Medicine Loyola University - Chicago Chicago, Illinois



Fernandez, John - Lecturer MD, FAAOS Rush University Medical Center Chicago, Illinois



Greenberg, Jeffrey - Lecturer
MD, MS
Dr
Indiana Hand to Shoulder Center
Clinical Assistant Professor
Department of Orthopedic Surgery
Indiana University School of Medicine
Indianapolis, Indiana

Dr Jeffrey A Greenberg is a partner at the Indiana Hand to Shoulder Center in Indianapolis, Indiana. He joined the group in 1993 having completed his fellowship there in 1992. His practice focuses on acute and delayed reconstruction of the upper extremity with a primary focus on disorders of the wrist. He is actively involved in the fellowship program at the Indiana Hand to Shoulder Center and is currently the President of the American Society for Surgery of the Hand.



Kalainov, David - Lecturer MD Clinical Professor Orthopaedic Surgery Northwestern University Feinberg School of Medicine Chicago, Illinois



Wysocki, Robert - Lecturer MD Associate Professor Department of Orthopedic Surgery Hand and Upper Extremity Division Rush University Medical Center Chicago, Illinois

## AO NA Disclaimer Information

### **Faculty Disclosure:**

It is the policy of AO North America to abide by the Accreditation Council for Continuing Medical Education Standards for Commercial Support. Standard 2: "Disclosures Relevant to Potential Commercial Bias and Relevant Financial Relationships of Those with Control over CME Content," requires all planners, including course directors, chairs, and faculty, involved in the development of CME content to disclose their relevant financial relationships prior to participating in the activity. Relevant financial relationships will be disclosed to the activity audience. The intent of the disclosure is not to prevent a faculty with a relevant financial or other relationship from teaching, but to provide participants with information that might be of importance to their evaluation of content. All potential conflicts of interest have been resolved prior to the commencement of this activity.

### Off-Label / Experimental Discussions:

Some medical devices used for teaching purposes and/or discussed in AO North America's educational activities may have been cleared by the FDA for specific uses only or may not yet be approved for any purpose. Faculty may discuss off-label, investigational, or experimental uses of products/devices in CME certified educational activities. Faculty have been advised that all recommendations involving clinical medicine in this CME activity are based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients.

All scientific research referred to, reported or used in this CME activity in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis.

#### Disclaimer

AONA does not endorse nor promote the use of any product/device of commercial entities. Equipment used in this course is for teaching purposes only with the intent to enhance the learning experience.

### USE THE BELOW TEXT FOR DIDACTIC COURSES ONLY!

The opinions or views expressed in this live continuing medical education activity are those of the faculty and do not necessarily reflect the opinions or recommendations of

AO North America or any commercial supporter. The certificate provided pertains only to the participants' completion of the course.

### **Conflict of Interest Resolution Statement:**

When individuals in a position to control or influence the development of the content have reported financial relationships with one or more commercial interests, AO North America utilizes a process to identify and resolve potential conflicts to ensure that the content presented is free of commercial bias.

### Liability Statement:

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# Laboratory Waiver:

To participate in this surgical skills course, you will be required to sign a waiver of liability prior to the course. In order to participate, AONA's policy mandates that every individual must wear appropriate protective garments provided by AO NA during the lab sessions. Participants who do not sign the waiver and wear protective garments will not be allowed to participate in the laboratory sessions.

## **Human Anatomic Specimens:**

This course will involve exposure to and contact with human anatomic specimens. These specimens are being utilized for purposes of teaching and learning and are to be treated with the utmost respect. Participants should be familiar with and understand the potential risks involved and will be required to observe all customary safety procedures.

## **Animal Anatomic Specimens:**

This course will involve exposure to and contact with animal anatomic specimens. These specimens are being utilized for purposes of teaching and learning and are to be treated with the utmost respect. Participants should be familiar with and understand the potential risks involved and will be required to observe all customary safety procedures.

# Acknowledgment

### **In-Kind Support**

AO North America gratefully acknowledges in-kind support for equipment and technical staff from J&JMedTech.

## **Educational Grant**

AO North America gratefully acknowledges funding for its education activities from the AO Foundation. The AO Foundation receives funding for education from Synthes GmbH.