AO North America

AO Trauma Hand NA Course - Hand and Wrist Fracture Management

October 3, 2026 - October 3, 2026
Seattle, Washington, USA

This course is designed to teach participants at every level of training and practice to systematically analyze hand and wrist fractures and to apply a treatment methodology based upon fracture management principles rather than upon any one implant, group of implants or singular universal technique.



These AO Principles will be stressed:

- Anatomic reduction
- Stable fixation
- Preservation of the blood supply
- Functional aftercare
- Early mobilization

Enrollment in this course is encouraged for surgeons, hand fellows, and residents in plastic, orthopaedic and general surgery.

This course will be held at: ***Harborview Research and Training Building - Seattle, WA***

Event Summary

Tuition:
Level Name: Participant - Orthopaedic
Pricing Tier: Resident
Tuition: $275.00

Course Prerequisite(s):
No Prerequisites

Venue:
Harborview Research and Training Building
300 9th Ave
Seattle, Washington, USA
Phone Number: 206.744.3000

Language(s):
English

Directly Provided by:
AO North America

Professional Level Prerequisite(s):
No Prerequisites

CME

Continuing Education Credit: 8.00

- AO North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation Statement - AO North America designates this live educational activity for a maximum of 8.00 ***AMA PRA Category 1 Credits***™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Continuing Medical Education (CME) mission of AO North America (AONA®) is to provide comprehensive multidisciplinary needs based education to surgeons, fellows, and residents in the specialties of orthopedic, hand, craniomaxillofacial, spine, neurosurgery, and veterinary surgery in the areas of trauma (i.e.), operative reduction and fixation), degenerative disorders, deformities, tumors, and reconstruction.

Expected results of AONA's CME activities for surgeons, fellows, and residents are to:
• Increase their knowledge base and surgical skill level
• Improve competence by applying advances of knowledge in patient care in the areas of trauma, degenerative disorders, deformities, tumors, and reconstructive surgical techniques
• Address practice performance gaps by improving management of aspects of traumatic injuries and musculoskeletal disorders (i.e., pre-operative planning to post-operative care)

Learning Objectives

Upon completion, participants should be able to:

- Differentiate between management of non-operative fractures and fractures that need operative stabilization
- Describe the indications for internal fixation of hand and wrist fractures, and the criteria for implant selection
- Identify alternative fixation methods and their role in fracture management
- Explain the importance of soft tissue preservation in the operative management of unstable hand fractures

Faculty



Boe, Chelsea - Co-Chairperson
MD
Assistant Professor
Department of Orthopaedic Surgery and Sports Medicine
University of Washington
Seattle, Washington



Huang, Jerry - Co-Chairperson
MD
Professor
Program Director, Combined Hand Fellowship
Department of Orthopaedics and Sports Medicine
University of Washington Medical Center
Seattle, Washington

Jerry Huang is a Professor in the Department of Orthopaedics and Sports Medicine and the Program Director of the UW Combined Hand Fellowship at the University of Washington Medical Center. He completed his medical degree at the University of California, Los Angeles (UCLA) School of Medicine followed by orthopaedic residency training at Case Western Reserve University in Cleveland, Ohio. Dr. Huang obtained subspecialty training in Hand and Microsurgery at UCLA Medical Center followed by an AO Traveling Fellowship in Switzerland. Dr. Huang's clinical interests include hand, wrist, and elbow fractures including upper extremity trauma and post-traumatic reconstructions.



Dionysian, Emil - Evaluator
MD, MS
Associate Clinical Professor of Orthopaedic Surgery
University of California Irvine
Kaiser Permanente, Orange County
Anaheim, California



Kennedy, Stephen A - Lecturer
MD, FRCS(C) Ortho
Residency Director, Orthopaedic Surgery
Department of Orthopaedic Surgery and Sports Medicine,
University of Washington
Seattle, Washington

Stephen A. Kennedy, M.D., F.R.C.S.C., is a hand, wrist and elbow surgeon with expertise in repair and reconstruction of soft tissue, bone and joint. Dr. Kennedy treats traumatic sports and workplace injuries, arthritis, nerve problems, masses, cysts, tumors and tendon problems. Dr. Kennedy completed medical school and orthopedic residency at the University of British Columbia, Vancouver; a Hand and Microsurgery Fellowship at the University of Washington, Seattle; and an arthroscopy and sports medicine fellowship at Pan Am Clinic at the University of Manitoba, Winnipeg. He has been on faculty at the University of Washington since 2013. He is currently the program director of the orthopaedic surgery residency at UW. Dr. Kennedy's clinical interests include hand, wrist and elbow trauma, elbow instability, stiffness, arthritis and deformity, carpel tunnel syndrome and arthroscopy of wrist and elbow. His research interests include outcomes in hand and upper extremity trauma, advances in joint reconstruction surgery, technology for the improvement of patient care and advances in methods in surgical education.

Miller, Erin - Lecturer
MD, MS
Associate Professor
Department of Surgery, Division of Plastic Surgery
University of Washington
Seattle, Washington



Zelenski, Nicole - Lecturer
MD
Associate Professor
Director of Hand and Upper Extremity Service Grady Memorial Hospital
Director Brachial Plexus and Peripheral Nerve Clinics
Department of Orthopaedics, Division of Hand and Upper Extremity Surgery
Emory university
Atlanta, Georgia

Dr. Zelenski obtained her medical degree at Duke University in North Carolina. She completed her orthopedic surgery residency at University of Pennsylvania in Philadelphia and her hand/microvascular surgery fellowship at the Mayo Clinic in Rochester, Minnesota. She completed a second fellowship in clinical microsurgery at Chang Gung Memorial Hospital in Taiwan. She is an assistant professor of orthopedic surgery at Emory University.

AO NA Disclaimer Information

Faculty Disclosure:
It is the policy of AO North America to abide by the Accreditation Council for Continuing Medical Education Standards for Commercial Support. Standard 2: “Disclosures Relevant to Potential Commercial Bias and Relevant Financial Relationships of Those with Control over CME Content,” requires all planners, including course directors, chairs, and faculty, involved in the development of CME content to disclose their relevant financial relationships prior to participating in the activity. Relevant financial relationships will be disclosed to the activity audience. The intent of the disclosure is not to prevent a faculty with a relevant financial or other relationship from teaching, but to provide participants with information that might be of importance to their evaluation of content. All potential conflicts of interest have been resolved prior to the commencement of this activity.

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All scientific research referred to, reported or used in this CME activity in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis.

Disclaimer:
AONA does not endorse nor promote the use of any product/device of commercial entities. Equipment used in this course is for teaching purposes only with the intent to enhance the learning experience.

USE THE BELOW TEXT FOR DIDACTIC COURSES ONLY!

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To participate in this surgical skills course, you will be required to sign a waiver of liability prior to the course. In order to participate, AONA’s policy mandates that every individual must wear appropriate protective garments provided by AO NA during the lab sessions. Participants who do not sign the waiver and wear protective garments will not be allowed to participate in the laboratory sessions.

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This course will involve exposure to and contact with human anatomic specimens. These specimens are being utilized for purposes of teaching and learning and are to be treated with the utmost respect. Participants should be familiar with and understand the potential risks involved and will be required to observe all customary safety procedures.

Animal Anatomic Specimens:
This course will involve exposure to and contact with animal anatomic specimens. These specimens are being utilized for purposes of teaching and learning and are to be treated with the utmost respect. Participants should be familiar with and understand the potential risks involved and will be required to observe all customary safety procedures.

Acknowledgment

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