AO Trauma NA Online Series—Module 2: Distal Radius Fractures

March 18, 2025 - April 15, 2025
Online, N/A, N/A

Module 2: Distal Radius Fractures
March 18: Webinar
April 1: Journal Club
April 15: Fireside

Time: 8pm Eastern Time

Target Audience: Orthopedic Surgeons and Fellows and Residents

Overview:

Distal radius fracture are one of the most common fractures treated by orthopaedic surgeons. The purpose of this event is to discuss and summarize current concepts in the surgical treatment of distal radius fractures and hear from two experts in the field regarding their clinical experience and interpretation of the current state of care surrounding the topic. Discussion will focus on implants choices and any new worthwhile surgical innovations in the last five year, complications and pitfalls, and special considerations for the older distal radius patient. Please join us for what will be an exciting and educational conversation!

Event Summary

Tuition:
Level Name: Participant - Orthopaedic
Pricing Tier: Attending
Tuition: $0.00

Course Prerequisite(s):
No Prerequisites

Venue:
No Venue

Language(s):
English

Directly Provided by:
AO North America

Professional Level Prerequisite(s):
No Prerequisites

CME

Continuing Education Credit: 3.00

- AO North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation Statement - AO North America designates this live educational activity for a maximum of 3.00 ***AMA PRA Category 1 Credits***™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Continuing Medical Education (CME) mission of AO North America (AONA®) is to provide comprehensive multidisciplinary needs based education to surgeons, fellows, and residents in the specialties of orthopedic, hand, craniomaxillofacial, spine, neurosurgery, and veterinary surgery in the areas of trauma (i.e.), operative reduction and fixation), degenerative disorders, deformities, tumors, and reconstruction.

Expected results of AONA's CME activities for surgeons, fellows, and residents are to:
- **Increase their knowledge base and surgical skill level**
- **Improve competence by applying advances of knowledge in patient care in the areas of trauma, degenerative disorders, deformities, tumors, and reconstructive surgical techniques**
- **Address practice performance gaps by improving management of aspects of traumatic injuries and musculoskeletal disorders (i.e., pre-operative planning to post-operative care)**

Learning Objectives

Upon completion, participants should be able to:

Faculty

Heng, Marilyn - Chairperson

MD, MPH, FRCSC
Orthopaedic Trauma Surgeon
Brighton, Massachusetts

Dr. Marilyn Heng is an attending orthopaedic trauma surgeon at St. Elizabeth's Medical Center in Brighton, Massachusetts, specializing in the treatment of fractures, high-energy soft-tissue injuries, and post-traumatic complications of infection, nonunion, and amputation. Dr. Heng obtained her medical degree from the University of Toronto. She completed her Orthopaedic Surgery Residency at the University of Toronto in 2012 and is board-certified in Orthopaedic Surgery by the Royal College of Physicians and Surgeons of Canada and the American Board of Orthopaedic Surgery. She received subspecialty training in Orthopaedic Trauma from the Harvard Combined Trauma Fellowship at Massachusetts General Hospital and Brigham & Women's Hospital. She also completed a second subspecialty fellowship in Orthopaedic Oncology from Mt. Sinai Hospital at the University of Toronto, Canada. Dr. Heng has completed a Masters of Public Health (MPH) degree through the Johns Hopkins Bloomberg School of Public Health, Baltimore, MD with a certificate in Quality, Patient Safety and Outcomes Research. Her research interests include improving patient quality of care through efficiency, management and directed measurement of patient outcomes related to performance.

Rizzo, Marco - Lecturer

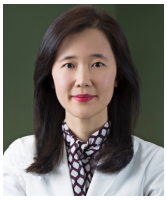
MD
Professor, Department of Orthopedic Surgery
Mayo Clinic
Rochester, Minnesota

Dr. Rizzo obtained his medical degree at Temple University in Philadelphia. He completed his orthopedic surgery residency at Duke University in Durham, North Carolina and his hand/microvascular surgery fellowship at the Mayo Clinic in Rochester, Minnesota. After being on staff at Duke University from 2002-5, he joined the faculty at Mayo, where he has since remained. He is a professor of orthopedic surgery and has served as chair of the hand surgery division from 2015 to 2024. He is also Director of the Program for Professionalism and Values and Chair of the Mayo Clinic Values Council for the Mayo Clinic. Dr. Rizzo is on the AONA hand education committee and currently serves as chair. He has previously served on the AONA ethics, validation and content subcommittee (ECVSC). He has also completed the Faculty Education Program (FEP), the Chair Education Program (CEP) and the Leadership Education Program (LEP).

Sabbag, Casey - Lecturer

MD, MS
Assistant Professor
Vice Chair
Department of Orthopedic Surgery
Brooke Army Medical Center
San Antonio, Texas

Maj Casey Sabbag (previously Casey DeDeugd), MD, MS, is an active duty Air Force Hand and Microvascular Surgeon and the Vice Chair of Orthopaedic Surgery at Brooke Army Medical Center in San Antonio, Texas. She completed her Bachelor's degrees in Physics at North Carolina State University (Raleigh, NC), Master's degree in Biomedical Engineering at the University of Florida (Gainesville, FL), medical education at the University of Central Florida (Orlando, FL), residency in Orthopedic Surgery at Mayo Clinic (Rochester, MN) and fellowship in Hand and Microvascular Surgery at OrthoCarolina (Charlotte, NC). She has authored 7 book chapters and 24 peer reviewed publications and has presented research at over 20 national and international meetings. Her clinical interests include distal limb optimization in the care of upper extremity amputees, peripheral nerve surgery and brachial plexus injuries. She is married to Orlando Sabbag, MD, a civilian Orthopedic Sports Surgeon in San Antonio, TX and they have two children Orlando (5) and Sophia (3).



Suh, Nina - Lecturer

MD, MSc
Associate Professor
Department of Orthopaedic Surgery
Emory University
Atlanta, Georgia

Dr. Nina Suh received her medical degree and residency training at the Schulich School of Medicine & Dentistry at the University of Western Ontario, Canada. She then completed two years of fellowship training, subspecializing in advanced wrist and hand reconstruction and trauma. Her first fellowship was completed at the Hospital for Special Surgery, New York, New York and her second at the Mayo Clinic in Rochester, Minnesota. She returned to Western University in 2014 to join the Division of Orthopaedic Surgery, Department of Surgery and held the rank of Associate Professor with cross-appointments to the Division of Plastic Surgery and Department of Biomedical Engineering. She also served as the Co-Director of the Roth McFarlane Hand and Upper Limb Bioengineering Laboratory in conjunction with her clinical practice. She was awarded her Masters of Clinical Epidemiology from Harvard University in 2020. In 2021, she was recruited to Emory University to join the Division of Upper Extremity Surgery, Department of Orthopaedic Surgery. She serves as the Clinical Director for the Emory Musculoskeletal Institute Biomechanics and BioSkills Laboratories. Dr Suh's clinical interests encompass disorders of the wrist and hand, while her research interests include both biomechanical and clinical outcomes.

Wagner, Eric - Lecturer
MD, MSc
Associate Professor
Associate Upper Extremity Fellowship Director
Upper Extremity Research Director
Department of Orthopaedic Surgery
Emory University
Atlanta, Georgia

Dr. Eric Wagner works at the Emory Clinic where he specializes patients with complex wrist and upper extremity pathologies. He is internationally renowned for his innovations in arthroscopic treatment of wrist arthritis and wrist ligament injuries, arthroscopic treatment of thumb arthritis and trauma, arthroscopic treatment of distal radius and scaphoid fractures, wrist and finger arthroplasty, DRUJ arthritis and instability, recurrent wrist instability from hyperlaxity, and muscle transfers for the paralytic shoulder and elbow. He has received several national and international awards for his ground-breaking clinical research investigating a variety of topics in the upper extremity. For example, he received the top ASSH Clinical research Award in 2020 and the ASES Clinical Neer Award in 2022, both for leading randomized controlled trials on postoperative pain control. He also has a strong translational science research interest in cartilage and tendon-bone interface regeneration using stem cells, growth factors, surgical and biomechanical therapies. Dr. Wagner is well known throughout the nation and the world, having published 290 peer-reviewed journal articles, traveling to deliver delivered over 700 presentations national and international meetings, authored over 20 book chapters, and edited 3 textbooks. He serves on the editorial board for the Journal of American Academy of Orthopaedic Surgery (JAAOS), Journal of Hand Surgery GO and the ASSH Hand.e, as well as multiple committees at the American Society of Surgery for the Hand and the American Shoulder and Elbow Society. He served as the co-chair of the ASES Specialty Day at the 2024 AAOS Annual Meeting and the co-chair for the ASSH 2024 Annual Meeting. He received the prestigious Richard Gelberman Traveling Fellowship through the ASSH in 2021 with a focus on Innovations in Wrist Arthroscopy. Furthermore, he received the North American Traveling Fellowship from the American Orthopaedic Association in 2022. In his free time, Dr. Wagner enjoys fly fishing, tango and swing dancing, skiing, playing and watching basketball, traveling and reading.

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Acknowledgment

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